

# Learning Journey Example (three months)

## Core Skills for New Managers

Day 1

Day 90

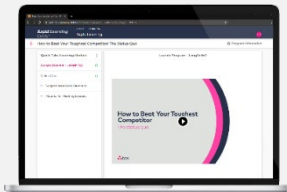


### Workshop #1: Creating a shift in others

- Introduction
- Micro-video: **New Manager Pitfalls**
- Exercises
- Virtual Coaching Session
- Post-session workout
- Follow-up materials



### Go dos & micro-training videos

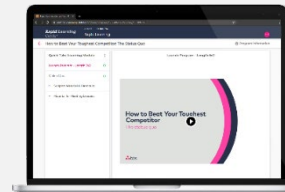


### Workshop #2: Finding my Power

- Introduction
- Micro-video: **Six Managerial Styles**
- Exercises
- Virtual Coaching Session
- Post-session workout
- Follow-up materials



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### Workshop #3: Leading Transformation

- Introduction
- Micro-video: **Developing a Coaching Mindset**
- Exercises
- Virtual Coaching Session
- Post-session workout
- Follow-up materials



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