Learning Journey Example (three months)





Core Skills for New Managers

Day 1













Day 90

Workshop #1: Creating a shift in others

- Introduction
- Micro-assessment
- Micro-video: New **Manager Pitfalls**
- Exercises
- Virtual Coaching Session
- Post-session workout
- Follow-up materials



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Workshop #2: Finding my Power

- Introduction
- Micro-assessment
- Micro-video: Six **Managerial Styles**
- Exercises
- · Virtual Coaching Session
- Post-session workout
- Follow-up materials



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Workshop #3: Leading Transformation

- Introduction
- Micro-assessment
- Micro-video: Developing a Coaching Mindset
- Exercises
- Virtual Coaching Session
- Post-session workout
- Follow-up materials



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